

# GOOD FRIDAY

**Read: Psalm 22:1-11, 19-31**

**Item:** Holding Cross

**Listen:** Today is the saddest day of our year. Even though Jesus had done nothing wrong, the people hurt him, laughed at and teased him, and put him on the cross to die. While he was dying, Jesus said some of the words from Psalm 22 about feeling like God had abandoned him. There on the cross, Jesus died.

**Do:** Hold on to your little cross while you listen to the Bible story.

**Ask:** What does today's story make you feel? Sad? Angry? Confused? Why do we call it Good Friday if it is such a sad day? What makes you feel better when you are sad?

**#holyweekathome**

**#fpcdalton**

